

ELITE
CHANGE YOUR RIDE

DIRETO XR-T

elite-it.com





DIRETO XR-T, ELITE'S TOP/LEVEL HOME TRAINER WITHOUT THE CASSETTE

Direto XR-T is among Elite's most beloved interactive indoor cycling home trainers as it's accurate, stable and interactive.

Direto XR-T is the Elite's sprocket cassette-free top/level trainer, powerful, compatible with various bicycle models.

On the strength of a **1,5% accuracy** ensured by the **integrated OTS power meter**, the **Direto XR-T** immediately gets the top spot among Elite's home trainer range for its enhanced pedalling roundness, the improved flywheel and an ultra-realistic gradient simulation, which is able to **replicate a staggering 24% slope value**.

ULTIMATE ACCURACY

The **Direto XR-T** is the world's only home trainer, together with Elite's **Direto** and **Drivo** range, that really measures power output via an **integrated power meter**, the **OTS (Optical Torque Sensor)**.

OTS is an innovative and integrated power meter that measures how much power you exercise on pedals with **± 1,5% accuracy on the Direto XR-T**, which is 0,5% more accurate than the first **Direto**.

This is why **Direto XR-T** is one of the most accurate commercially available home trainers.

the ideal tool for a scientifically accurate monitoring of your cycling performances.

WORKOUT AS IF YOU WERE OUTDOORS, UPHILL AND DOWNHILL

Compared with the **Direto X**, The **Direto XR-T** simulates **up to 24% gradients**, 6% more than what the **Direto X** can do, thus ensuring top performances even on the most intense workout sessions.

THE QUIETEST EVER

After the success of the **Direto X**, Elite's R & D department redefined the mechanics of the **Direto XR-T** by achieving **unmatched noise reduction levels**.

These developments rank the home trainer among Elite's quietest, by virtue of its **direct transmission** configuration, where the rear wheel is removed and the chain connects to the cassette on the home trainer: the only noise you'll hear is the chain itself when you're shifting gears while working out.

This is the definitive option to enjoy a quiet workout environment.

ADVANCED FUNCTIONS: CARDIO AND CADENCE BRIDGE FUNCTION

Connect your **heart rate monitor** or **cadence sensor** directly to your smart trainer while using training software.

Your trainer acts as a bridge, receiving data from the sensors and transmitting it simultaneously to the software. This is particularly handy for platforms like **Apple TV**, which can only handle two Bluetooth® Smart sensors at a time.

SWIFT SUPERTUCK

"Swift" Supertuck lets your smart trainer **quickly reset power data when you stop pedaling**.

In this way, Zwift can instantly detect pedal inactivity, activating the **supertuck aerodynamic position for your avatar** without delay.

"EASY START" FUNCTION

When you briefly stop pedaling in high-wattage ERG mode, this function makes it easier to **resume the interval**.

Your trainer will automatically reset the resistance, giving you a few seconds to get back into the groove and **regain your cadence** before returning to your chosen resistance level.

IMPROVED ERG MODE BRAKE MANAGEMENT

This feature ensures maximum **power data stability in ERG mode**.

The brake response is perfectly synced with the software, **eliminating any fluctuations**. You'll reach your desired power instantly.

POWER SMOOTHING

Activate this function to get **smooth power data visualization in both ERG and Simulation modes.**

You can choose from **four levels of data display**, customizing the graph's level of adjustment and smoothing to your liking.

GREAT COMPATIBILITY

Direto XR-T is compatible with both road and mountain bikes, with 130-135 x 5mm hubs with quick clamping system and 142 x 12mm with thru-axle.

You can find adapters on www.shopelite-it.com to ensure compatibility with 135 x 10-12mm (cod. 10143036) and for rear 148 x 12mm (cod. 1014303) Boost hubs and (cod. 1014346) Super Boost 157 x 12 mm.

This trainer features a new structure which is perfect to house derailleurs with long cages that feature **greater capacity on bigger 12-speed sprocket sets.** This is how the **Direto XR** is compatible with 9/10/11 speed Shimano® and 12 speed Shimano® road, 12 speed Shimano® MTB (with Micro Spline freehub body, cod. 1014315), 9/10/11/12 speed Campagnolo (with freehub cod. 1014233), 12 speed SRAM NX with Shimano compatible hub, 12 speed SRAM (XD/XDR freehub cod. 1014279). The freehub bodies specific for Campagnolo, SRAM XD/XDR, 12 speed SRAM NX and 12 speed micro Spline Shimano® are available on www.shopelite-it.com.

TRAIN ON MY E-TRAINING

As with all Elite's direct transmission home trainers, the **Direto XR-T** is part of the **ANT+™ FE-C** and **Bluetooth** interactive home trainers range.

This means total interaction with apps, software, computers and devices (smartphones and tablets) with **iOS, Android, MacOS** and **Windows.**

Anywhere, anytime, with just a few clicks, you just set the course of the workout program and start pedalling: **Direto XR-T** handles the rest, by automatically adjusting resistance to

manage your workout autonomously based on your needs.

Also included in the box of the **Direto XR-T** is a **12-month free subscription to Elite's My E-Training software.**

Direto XR-T is also compatible with all the other commercially available indoor cycling platforms such as Zwift, TrainerRoad, Rouvy, Kinomap and many more.

STABLE AND EASY TO TRANSPORT

Direto XR-T is a very stable and accurate home trainer.

Easy to transport, use and store after use thanks to its foldable legs, this home trainer is distinguished by its extraordinary stability even on out-of-the-saddle sprints.

Moreover, the **scratch-proof adjustable feet** make it possible to vertically adjust the bicycle's position even when the floor isn't completely flat.

Direto XR-T also includes **Elite's Riser Block front wheel support**, perfect to find the most comfortable position while working out.

SENSORLESS TECHNOLOGY

Every home trainer by Elite immediately sends **power, speed and cadence data**, thus becoming effective instruments to plan your own workout program and replicate outdoor workouts as faithfully as possible.

On the **Direto XR-T** cadence is measured via a practical sensorless technology, that is no sensors to install on your bicycle, based on a sophisticated power output analysis measured by the integrated OTS power meter.



FEATURES

HOME TRAINER TYPE	Interactive direct transmission home trainer
SPROCKET CASSETTE	Not included
POWER METER	Integrated OTS (Optical Torque Sensor)
ACCURACY	± 1,5%
WIRELESS COMMUNICATION	ANT+™ (FE-C, Power, Speed&Cadence) and Bluetooth (FTMS, Power and Speed&Cadence)
MAX SLOPE SIMULATED	24%
MAX POWER	1100 Watt (20km/h) - 2300 Watt (40km/h)
CONTROL VIA	Smartphone, tablet, bike computer, sports watches, Windows and Mac. Computer ANT+™ and/or Bluetooth
COMPATIBLE WITH	My E-Training software & app Zwift, Trainer Road, Kinomap and more
OUTPUT	Power, speed and cadence
FLYWHEEL	5,1 kg
BIKE COMPATIBILITY	Road, Gravel, Mountain and city bikes. Included adapters for: Quick release Ø 5x130-135 Thru-axle Ø 12x142 Adapters available* for: Thru-axle Ø 10x135-12x135 (cod. 1014306) Specialized SCS Ø 12x135 (cod. 1014087) Boost Ø 12x148 (cod. 1014303) Super Boost Ø 12x157 (cod. 1014346) *available on www.shopelite-it.com
CASSETTE COMPATIBILITY (freehub included)	Shimano®/SRAM 9/10/11 speed Shimano® 12 speed road SRAM SX 12 speed SRAM NX 12 speed
FREEHUBS AVAILABLE*	Shimano Micro Spline (cod. 1014315) Campagnolo (cod. 1014233) SRAM XD/XDR (cod. 1014279) *available on www.shopelite-it.com
CONNECTION INDICATOR	Power source, ANT+ and Bluetooth (3 LED lights)
FIRMWARE UPDATE AVAILABLE	Yes
INCLUDES	12-month free subscription to My E-Training software & app

SPECIFICATIONS

POWER SUPPLY DATA	Input 100-240 volts 50-60 hz - Output 12 volts 1,5A
OPEN SIZE (L x W x H)	650 x 830 x 560 mm / 25,60" x 32,70" x 22,04"
CLOSED (L x W x H)	650 x 300 x 560 mm / 25,60" x 11,82" x 22,04"
WEIGHT	15 Kg / 33,07 lbs